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*CIS Newsletter celebrates 14 years & still going strong! Bringing news to over 135 countries in the CIS Network*

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## **Editorial - May 2002**

*Dear CIS Colleagues*

The CIS annual meeting 2002 is being held in Vienna on 26 May 2002. For those who cannot attend I will report back on the one day meeting hopefully in the June edition.

Please let Emmert Clevestine at CIS HQ and myself know if you are attending the 2002 Annual Meeting. As do remember to send in your annual reports to Geneva, even if you are not able to get. This way we can all learn about your activities during the year.

Friends of CIS have organised a get-together meal on the Saturday evening 25b May 2002 - so don't forget to let me know if you are attending! It is being held at the Restaurant "Settimo Cielo" the roof top restaurant at the Hotel Royal, Address Singerstrasse 3; 10. Stock A-1010 Vienna Tel: 0043/1/512 38 75.

**LAST DATE FOR BOOKING WITH ME IS MONDAY 20 MAY 2002!**

The year is rolling on and already preparations are being made for events later in the year and into next year. In Europe in October 2002 there will be the [European Week of Safety and Health with the theme of "Successful prevention of psychosocial risks at work, especially stress"](#).

Thanks to all of you who responded to my query re content of future editions of the newsletter - I must say that I have never had so many quick responses - so thanks to all those who did and also to the contributors to this edition of your Newsletter - all news however small is most welcomed. If you are planning any publications, seminars or training courses, then please send your details to me so that we can share your efforts with others. Don't forget to send me your latest news!

You know I welcome ideas for inclusion in the future editions of this Newsletter. Let me know if there are any areas you would wish to see covered in future.

A number of individuals and organisations have let me know that wish to receive the Newsletter by email.... just let me know and I will send it.

Best wishes to you and your colleagues.

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## ***CIS NETWORK OF NATIONAL INFORMATION CENTRES.....***

## ***WORKING TOGETHER AND HELPING EACH OTHER....***

### **News from ILO CIS**

#### **Annual Meeting of the CIS National and Collaborating Centres Austria Centre Vienna , 26 May 2002, 9:00-16:00**

The Agenda is as follows:

1. Registration and coffee
2. Opening addresses
3. Election of a chairperson
4. Approval of the agenda
5. Approval of the report of the last meeting
6. CIS since the last meeting: results of the past biennium and prospects for the period 2002-03
7. The Centres network I
8. The CIS Centres portal - presentation and overview
9. The CIS Centres portal - brief tutorial
10. The Centres network II
11. Close

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### **Request from CIS HQ**

#### **www.ciscentres.org..... a skeleton awaits your help!**

CIS National and Collaborating Centres are needed to help put some meat on the skeleton www.ciscentres.org web site.....If you do not have any facilities to actually send electronically your information to CIS HQ then send paper based information instead.

Otherwise if you can input some information to the web site. The value of the portal depends on the information provided by participants, the CIS Centres, and it can only done with your help!

Let the world know who you are and what your centre actually does.....!

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## **News from the USA**

### **Behavioural Safety Now Conference**

Call for Papers: [www.behavioralsafetynow.com/text/call.htm](http://www.behavioralsafetynow.com/text/call.htm)

The Cambridge Center for Behavioural Studies and Quality Safety Edge invite you to present at the Behavioural Safety Now Conference. Call for Papers for the 2002 Conference has been issued for the conference dates of: Tuesday - Thursday, September 24 - 26, 2002 Amelia Island Plantation - Amelia Island, Florida, USA.

The Deadline is May 15, 2002. Interested participants should download the Call for Papers package from the link above and email your submission to John Batchelor, Program Chair at [program@behavioralsafetynow.com](mailto:program@behavioralsafetynow.com)

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## **News from Hungary**

### **MKK - CIS National Centre, Budapest Hungary**

Gabor Jablonkay writes: You reported about the changes of our e-mail addresses but we have also a homepage since that time. The homepage is edited in Hungarian, but we want to offer also an English version in the future. The address: <http://www.mkk.org.hu>

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## **News from Pakistan**

### **ILO CIS National Centre for Pakistan request for information.....**

Zaka Ullah writes:

I am grateful for regularly receipt of the CIS Newsletter. Newsletter is very useful to our Centre and keep us updated with new research and activities in the field of OSH.

I let you know that Central Inspectorate of Mines i.e. ILO-CIS National Centre for Pakistan now has been linked with internet and will allow us to receive publications or other material by e-mail and it would be very handy for us to immediately transmit information/material to other stake holders and thus our progress will be improved. I would appreciate if our e-mail address is circulated to other centres for contact.

I wish you best of luck with your activities and hoping to see you in the coming annual meeting of CIS-Centres in Austria.

With regards.

Zaka Ullah, Chief Inspector of Mines,  
ILO-CIS National Centre for Pakistan,  
Build. 5-Q. 1st. Floor, G-7 Markaz, Islamabad,  
Pakistan.

Tel: +92 51 9219282

Fax: +92 51 9206984

Email: [cim@comsats.net.pk](mailto:cim@comsats.net.pk)

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# News from ILO

## Developments in the Member States after the adoption of ILO Guidelines on Occupational Safety and Health Management Systems (ILO-OSH 2001)

Following are additional information on the developments in the Member States after the adoption of ILO Guidelines on Occupational Safety and Health Management Systems (ILO-OSH 2001), which was finalised and published in December 2001.

See [www.ilo.org/public/english/protection/safework/managmnt/index.htm](http://www.ilo.org/public/english/protection/safework/managmnt/index.htm)

French and Spanish versions were published in March 2002.

### I. Action in industrialized countries

1.1. Germany: In September 2001, Germany established a national tripartite Committee (Government, Employers and Workers) to develop a National Framework on OSH-MS and national guidelines based on the ILO-OSH 2001: Ministry of Labour is the lead agency and ILO-OSH 2001 was translated into German.

1.2. UK: BS 8800 is now under review. ILO provided ILO-OSH 2001 to the review committee in which HSE (Health and Safety Executive) expert, who was involved in the development of ILO-2001, participate.

1.3. Sweden: A national seminar on ILO-OSH 2001 was held in February 2002. ILO expert made a presentation.

1.4. Japan: Japan Industrial Safety and Health Association (JISHA) published Japanese translation in December 2001.

1.5. Finland: Translation into Finish is underway.

1.6. Korea: Translation into Korean is underway.

### II. International/Regional

2.1. International Symposium on Labour Inspection and ILO-OSH 2001 was held in Dusseldorf, Germany in May 2001 by the ILO and International Association of Labour Inspection with the financial Support from Norway.

2.2. Asian Regional Seminar on OSH Management System was organised by the ILO in Kuala Lumpur in May 2001 with the financial support from Japan.

2.3. Latin American Regional Seminar on OSH Management System was organised by the ILO in Cartagena, Colombia in August 2001.

2.4. Planned: There will be a special session on OSH Management System at the 16th World Congress on Occupational Safety and Health to be held in Vienna from 26-31 May 2002.

### III. Other national activities

3.1. China: Chinese authority (Sate Administration of Work Safety) issued in December 2001 and official document reflecting ILO-OSH 2001 (almost 100% translation of ILO-OSH 2001). They switched from OHSAS 18001 to the ILO-OSH 2001. This Chinese version is for certification.

3.2. Brazil: ILO-OSH 2001 was translated into Portuguese and placed on a web [www.instcut.org.br/](http://www.instcut.org.br/) . A national workshop on OSH-MS was held in November 2001.

3.3. Indonesia: National Seminar on OSH Management System was held in Jakarta in February 2002 to discuss the ways to reflect ILO-OSH 2001 on their own systems launched in 1996. Indonesia is now reviewing the national standards on OSH-MS with a view to reflecting ILO-OSH 2001.

3.4. Viet Nam: A national Seminar on OSH-MS was held in March 2002 to discuss the application of ILO-OSH 2001. ILO-OSH 2001 was translated into Vietnamese and published in March 2002.

3.5. Malaysia: Malaysia plans to develop a national standard (SIRIM which is ISO counterpart organization) based on ILO-OSH 2001. The Department of Occupational Safety and Health of the Ministry of Human Resources is the lead agency.

3.6. India: ILO-OSH 2001 is being translated into Hindi and a national workshop to discuss national application will be held in May 2002.

3.7. Thailand: ILO-OSH 2001 is being translated into Thai and a national workshop is planned to discuss national application.

3.8. Czech Republic: Czech version of ILO-OSH 2001 was published

3.9. Poland: Polish version of ILO-OSH 2001 was published

3.10. Russia: Russian translation is underway.

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SafeWork, ILO, Geneva, Switzerland  
Tel: +41-22-799-6163

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## News from the UK

### When work is bad for you.....people develop asthma at work every week

Seven thousand people develop asthma because of their work every year, according to new UK Trade Union Congress (TUC) figures. The seriousness of the problem has prompted the TUC to launch a training drive for union workplace safety reps on how to use forthcoming legal rules on work asthma prevention.

TUC general secretary John Monks said: "Asthma can be a debilitating and painful condition that really restricts people's lives - and it can often mean they have to give up their career and their livelihood. Employers lose out too, because the people who get asthma at work tend to be highly skilled and costly to replace. Our training for workplace safety reps will help them work in partnership with their employers to remove or control the risks of asthma, creating healthier workers in healthier workplaces." Donna Covey, chief executive of the National Asthma Campaign, said the TUC's training programme 'will help reduce the level of occupational asthma.' She added: 'We would also like to see greater involvement from health professionals in identifying where new cases of adult asthma are occupational, as this is key in establishing what causes asthma and how it might be treated in the future. This will not only enhance the quality of life of people with asthma, but will also improve reporting and prevention of asthma in the workplace.'

The legally enforceable Approved Code of Practice on work asthma will come into effect in the summer. The TUC initiative comes ahead of World Asthma Day, Tuesday 7 May 2002

TUC web site: [www.tuc.org.uk/h\\_and\\_s/tuc-4835-f0.cfm](http://www.tuc.org.uk/h_and_s/tuc-4835-f0.cfm)

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## **UK TUC urges European Commission to give self-employed workers real health and safety rights**

The European Commission's recently published voluntary approach to the health and safety of self-employed workers is not enough, according to the Trades Union Congress (TUC).

The Commission's proposal for a Council Recommendation (a non-binding measure) will only urge Member States to extend protections for employees to the self-employed, with legislative action put off for at least four years, leaving the self-employed, who have higher fatality and major injury rates than employees, as second-class workers.

The self-employed are explicitly excluded from the coverage of most European Union health and safety Directives, and a large majority of EU Member States do not currently provide legal health and safety protection for the self-employed. In Britain, the self-employed are covered by most health and safety laws, but they have no right of access to safety reps, and cannot claim state industrial injury benefits. Many workers are forced into so-called self-employment by their employers to avoid taxes and employment protections, and they often don't get the safety rights they are entitled to because neither they nor their employer realise they are covered.

TUC General Secretary John Monks said: "This is surely a step forward, and reinforces that health and safety is for everyone. But it isn't enough - far too many people in Britain and the rest of Europe are excluded from health and safety not by the law, but because their employers have forced them into bogus self-employment. And the genuinely self-employed are still excluded from having their views represented, or getting compensation from the benefits system. We need a legal framework from the European Commission, not mere words."

The Commission proposal, approved on 3 April 2002, invites Member States to: recognise, in the context of their policy for the prevention of risks and accidents at work, the right of self-employed workers to protect their health and safety on an equal footing with salaried workers, and the duties to which they are subject in this area; organise recognition of this right and these duties within their internal legal order, in particular by making provision for the inclusion of self-employed workers in the scope of their legislation on health and safety at work and/or the adoption of specific measures relating to self-employed workers; and report back to the Commission on what they have done in four years time, so that the Commission can consider whether legislation is needed.

The full Commission proposal can be seen at:  
[http://europa.eu.int/eur-lex/en/com/pdf/2002/com2002\\_0166en01.pdf](http://europa.eu.int/eur-lex/en/com/pdf/2002/com2002_0166en01.pdf)

All TUC press releases can be found at [www.tuc.org.uk](http://www.tuc.org.uk)  
TUC website health and safety page [www.tuc.org.uk/h\\_and\\_s/](http://www.tuc.org.uk/h_and_s/)  
Contact: Owen Tudor, Trades Union Congress, Congress House, Great Russell Street, London WC1B 3LS, UK. Tel: +44 (0)20 7467 1325 Email: [otudor@tuc.org.uk](mailto:otudor@tuc.org.uk)

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## **Titles you may have missed.....**

### **Detection methods for Algae, Protozsa and Helminths in Fresh and Drinking Water**

This book provides a comprehensive approach to water quality measurement and is the second book in the Wiley Publishers Water Quality Measurement series. Potential disease-causing biological agents such as Algae, Protozsa and Helminths exist throughout the entire water cycle. These agents, which can be of natural or anthropogenic origin, have varied potential impact and significance in the water cycle. This book focuses on the analytical aspects related to epidemiology, toxicology, sanitary engineering and plant technology and provide an integrated and clear strategy for carrying out surveillance, quality control, prevention and remedial measures.

The book also address the importance of epidemiological and other catchment area information, environment context, waterworks structure, treatment plant configuration, sampling strategy and methodology. The book is well illustrated and each chapter has further reading lists.

Detection Methods for Algae, Protozoa and Helminths in Fresh and Drinking Water, edited by Franca Plumbo, Guiliano Ziglio, Andre Van der Beken  
Wiley, 2002 ISBN 0471 899895 225 pages [www.wiley.com](http://www.wiley.com)

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## Work Health Safety 2002 from Finland

I always look forward to the latest edition of Finnish **Work Health Safety** and this year's makes interesting reading with its coverage of a wide varied of subjects:

Knowledge Shared is Profit gained

Getting a Good Night's sleep?

Break the Deadly routine

The Hairy Hazards of Salons

When Work become a Wheeze

Sick Building syndrome strikes again

Ammonia Safety: avoid Fatal mistakes

Bosses Face extinction: Is Safety at Stake?

Mechanics need a glove that fits  
are amongst subjects in the 2002 edition.

**Work Health Safety 2002** is sponsored by the Finnish Work Environment Fund and published by the Finnish Institute of Occupational Health (FIOH)

Contact: FIOH , Topeliuksenkatu 41 aA, FIN-00250 Helsinki Finland|

Tel: +358 9 4747 2349 Fax: +358 9 4747 2497

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## The Changing World of Work

Trends and implications for occupational safety and health in the European Union Working life in Europe is changing at an ever-increasing speed. The European Agency for Safety and Health at Work has carried out a number of activities based on the implications of the changing world of work for occupational safety and health at work. These include the organisation of a European Conference, publishing an Agency Magazine with expert viewpoints and a special information section on the Agency's web site.

The Agency has also published two research information reports: one on the Research on the changing world of work - implications on occupational safety and health in some Member States of the European Union and another on Research on new forms of contractual relationships and implications for occupational safety and health.

The recently published FORUM 5 summarises the main findings and conclusions from these activities. These findings make very interesting reading and cover: Increase in Small and Medium Enterprises; Larger organisations changes with flatter management structure, fragmentation and increase in complexity and leaner organisations; Change and reorganisation as a constant feature of modern work life; Contractors and outsourcing; Reduced union membership; Increased employment



in the service sector. All these changes have possible OSH changes and implications.

FORUM is published in English, French, German and Spanish and is available on the Agency web: <http://agency.osha.eu.int/publications/forum>  
Contact: European Agency for Safety and Health at Work, Gran Via 33,  
E-48009 Bilbao, Spain, Tel: +34 944 794 360 Fax: +34 94 479 4383  
Email: [information@osha.eu.int](mailto:information@osha.eu.int) web: [www.osha.eu.int](http://www.osha.eu.int)

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## **Safety and Health Good Practice online: Step by step guide to accessing good practice information on the web**

Getting hold of information about good practices in occupational safety and health is getting easier by using the European Agency for Safety and Health at Work website. You can find information by country - 15 EU Member States, EFTA countries, Australia, Canada and the USA; by subject e.g. Accident Prevention, Dangerous Substances, Stress at work; or by sector e.g. construction or Healthcare. The Good Practices online in the Agency's website will give you plenty of examples.

The Agency tries to offer as much information as possible in all the Member States languages, but cannot translate the information available. However Machine translation tools are available through the Agency's web site.

Contact: European Agency for Safety and Health at Work, Gran Via 33,  
E-48009 Bilbao, Spain, Tel: +34 944 794 360 Fax: +34 94 479 4383;  
Email: [information@osha.eu.int](mailto:information@osha.eu.int) [www.osha.eu.int/good\\_practice](http://www.osha.eu.int/good_practice)

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## **Recognition schemes in occupational safety and health: Experiences in the Member States of the European Union**

Despite the variety in the types and objectives of recognition schemes, a number of characteristics can be highlighted as features:

- they aim to motivate organisations and or persons to carry out special preventative efforts
- they are based on a voluntary initiative from stakeholders
- they are based on well-documented and stable procedures and criteria
- they aim to obtain safety levels beyond legal requirements

Recognition can be in the form of being allowed to use a logo/label, documents or acceptance in a database.

The recently published FORUM 6 summarises the main findings and conclusions from a workshop organised by the Agency and includes: Recognising Products, contractors, OSH management and offers other options.

FORUM is published in English, French, German and Spanish and is available on the Agency web: <http://agency.osha.eu.int/publications/forum>  
Contact: European Agency for Safety and Health at Work, Gran Via 33,  
E-48009 Bilbao, Spain. Tel: +34 944 794 360 Fax: +34 94 479 4383  
Email: [information@osha.eu.int](mailto:information@osha.eu.int) [www.osha.eu.int](http://www.osha.eu.int)

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## **Calculation of Resuspension Doses for Emergency Response: NRPB report**

When radioactivity is released into the atmosphere, a proportion of the activity will deposit onto surfaces. Some of the deposited material will become airborne again, when disturbed by wind or



human activities such as walking or vehicle movement. This process is known as resuspension \*.

In the event of an accidental release, people may continue to inhale resuspended activity after the initial cloud of radioactivity has dispersed, and so receive additional doses (resuspension doses). A review of experimental studies of resuspension has been carried out in order to recommend an appropriate method for estimating likely resuspension doses after an accident, in UK conditions. This information can be used to assist decisions on how best to protect people in the immediate aftermath of an accident, i.e. during the emergency phase.

The report recommends a mathematical formula for estimating resuspension doses from measurements of radioactive contamination on the ground. In addition, guidance is given on how to apply that formula in different situations (such as very windy conditions, in towns with a lot of traffic) and how to modify the formula for resuspension that might occur inside buildings.

This work was carried out under the Environmental Assessments Department and Emergency Response Group Quality Management System which is certified to ISO 9001:2000, certificate No. 956546.

***\*(Resuspension = The process by which material on surfaces can become airborne.)***

The report NRPB W1 Calculation of Resuspension Doses for Emergency Response ISBN 0859514595 Price £15.00 can be purchased from:  
Information Office, National Radiological Protection Board, Chilton, Didcot, Oxon, OX11 0RQ, UK. Tel: +44 (0)1235 831600 (international 44-1235 83160)  
Fax: +44 (0) 1235 833891 (international 44-1235 833891)  
E-mail [nrpb@nrpb.org](mailto:nrpb@nrpb.org) or downloaded from the web: [www.nrpb.org](http://www.nrpb.org)

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## **Environmental Health Today 2: Invaluable information for Environmental Health Professionals**

Environmental Health Today 2 (EH Today 2) is the new and improved second edition of a CD-ROM encyclopaedia of current environmental issues. The revised layout and improved search capability means this 600 page CD-ROM is now fully searchable, making it easy for professionals to grasp the pressing environmental health issues of today.

This new version provides a work of quick reference for practitioners, students, and those with a more general interest in the way in which our environment and health are connected.

E H Today 2 seeks to present evidence of the relationship between the environment and our health in a useable and easily accessible form. The information is updated regularly, saving professionals the time and effort involved in researching and reviewing new knowledge and developments. EH today 2 should prove extremely valuable to the busy environmental health professional, providing them with more time to apply their understanding into day-to-day tasks. The key features of this invaluable CD-ROM include; clear and easy to use bookmark system, hyperlinks providing topical cross referencing, 600 pages of valuable information that is fully searchable and easy to navigate, easy to print pages, and Windows compatible.

Produced by Chadwick House Group Ltd (CHGL) which is the trading arm of the UK Chartered Institute of Environmental Health (CIEH). CHGL Ltd is the leading Environmental Health publishing house in the UK. The CIEH is the Professional and Educational body for Environmental Health and is also the world's leading awarding body for Food Safety Qualifications.

The price of the second edition CD-ROM 'Environmental Health Today 2' is £60.00 plus VAT, and a special price of £20 plus VAT for customers already registered to use edition 1. Post and Package charges are £2.00, but overseas customers will need to inquire. If customers purchase a copy of EH Today 2 and become a registered user they will become eligible for a 50% discount on all further editions of EH Today. Edition 3 will be available from September 2002.

For further details please contact the CIEH Publications department:  
Tel: +44(0) 20 7827 5830 or  
Email: [g.butler@chgl.com](mailto:g.butler@chgl.com). Alternatively buy online: [www.shop.cieh.net](http://www.shop.cieh.net).

Visit the CIEH website at [www.cieh.org](http://www.cieh.org)

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## **Occupational skin disease: one of the most common, yet largely preventable, forms of occupational ill-health.**

Please see the definitive practical guidebook and the interactive computer-based training available from EnviroDerm.

Details: [www.hhsc.co.uk/enviro.htm](http://www.hhsc.co.uk/enviro.htm)  
H & H Scientific Consultants Ltd

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## **News from Denmark**

### **Contaminated environment jeopardizes our children's health**

WHO Regional Office for Europe and the European Environment Agency present Children's health and environment: a review of evidence "Investing in child health is essential to ensure human and economic development, and children's health needs to be protected from environmental threats," says Dr Marc Danzon, WHO Regional Director for Europe. On the occasion of the opening of Green Week 2002 by Romano Prodi, President of the European Commission, WHO and the European Environment Agency (EEA) jointly launch the monograph Children's health and environment: a review of evidence.

"This publication shows that European governments and institutions can collaborate to protect children from environmental threats. This goal lies at the very heart of sustainable development and is a challenge for the future of today's and tomorrow's generations," adds Dr Danzon. Up to 40% of the global burden of disease attributable to environmental factors is estimated to fall on children under the age of 5 years. As developing organisms, children are particularly vulnerable to the impact of environmental pollution.

On this basis, European ministers at the Third Ministerial Conference on Environment and Health in 1999 made a strong commitment to protect children and to develop key indicators for children's health and the environment. The rise of hazards in the settings where children live, learn and play is increasing concern about the effects on children's health of the deterioration and contamination of the physical environment.

Children are at risk of exposure to more than 15 000 synthetic chemicals, almost all developed in the last 50 years, and to a variety of physical agents, such as polluted indoor and outdoor air, road traffic, contaminated food and water, unsafe buildings, contaminants in toys, radiation and environmental tobacco smoke. The spread of disorders possibly associated with environmental factors (asthma, injuries, neurodevelopmental disorders, cancer, and food- and waterborne diseases) is reaching unacceptably high levels in many cases.

Details of the book's findings can be found on the Regional Office Web site (<http://www.euro.who.int>). For more information please contact: TECHNICAL INFORMATION: Dr Ondine von Ehrenstein Children's Health and Environment, WHO European Centre for Environment and Health, Rome Operational Division Via Francesco Crispi, 10 I-00187 Rome, Italy. Tel: +39 06 4877549, Fax: +39 06 4877599 E-mail: [ove@who.it](mailto:ove@who.it)

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## **News from the USA**

## **OSHA unveils new web page for Spanish-speaking employers and workers**

A new Spanish web page will help the Occupational Safety and Health Administration reach out to non-English speaking employers and workers, Secretary of Labor Elaine L. Chao recently announced. "Job safety and health depends on employees and employers knowing what they must do to ensure workplace protections," said Chao. "That starts with understanding vital, basic information about preventing injuries, illnesses and fatalities. Through our new Spanish page, millions more employers and workers in this country will have access to information they can use to make their workplaces safer."

The web page initially focuses on several areas: an overview of OSHA and its mission; how to file complaints electronically in Spanish; worker and employer rights and responsibilities; and a list of resources for employers and workers. The new page features highlights from the agency's extensive website and offers one-stop service for Spanish-speaking employers and employees. Additional information will be added in months to come.

"One of our top priorities is expanded outreach and education," Chao said. "More than 10 million Americans speak little or no English, and one in five Americans does not speak English at home. Too many of these workers, especially Spanish-speaking workers, have experienced on-the-job injuries, illnesses and fatalities."

According to the Bureau of Labor Statistics, in 2000 the fatality rate for Hispanic employees climbed by more than 11 percent, while deaths for all other groups declined. OSHA is concerned about the safety of Spanish-speaking workers and has established an ongoing effort to reach across language barriers to employers and workers to reduce injuries, illnesses and deaths on the job

The new Spanish-language page can be found at [www.osha.gov](http://www.osha.gov).

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## **News from the UK**

### **Offshore Research Focus to be online only!**

The Offshore Research Focus (ORF) has announced that from Issue 136 to be published in June 2002 will only be available online only. Published by the UK Health and Safety Executive (HSE), this important development mirrors the rapid acceleration in the trend towards online publishing generally and marks the start of a new phase to enhance the ORF web site.

Readers presently receiving the printed version of FOCUS can be notified of quarterly updates to the ORF website at [www.orf.co.uk](http://www.orf.co.uk) and are invited to complete the subscription form on the web site.

ORF web site contains versions of the ORF articles optimised for both online viewing (HTML) and offline printing and reading (PDF) will continue to provide both these formats.

Issue No. 135 March 2002 contains a range of articles e.g. Safety of Turret Systems, Storm Incidents, Rough Weather Rescue and Seismic Hazard Mapping.

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## **News from ILO London**

### **A Future Without Child Labour**

A major new ILO report just released sees reduced numbers but worsening conditions for 246 million Child Labourers and calls this scourge "one of the most urgent challenges of our time"

The world's vast army of child labourers shows signs of decreasing in numbers, but the conditions in which children work appears to be worsening, according to the third global report under the Follow-up to the ILO Declaration on Fundamental Principles and Rights at Work, entitled "A Future Without Child Labour," which is now available from ILO-London.

The report, based on recent statistical surveys of child labour worldwide, says that an estimated 352 million children between the ages of 5-17 are engaged in economic activity worldwide. Of these, 246 million children are involved in child labour which the ILO says should be abolished.

The new estimates suggest that although there had been a reduction of about 20 per cent in the overall number of child labourers between 1995 and 2000, the current situation leaves no room for complacency.

Child labour persists on a very large scale, the report insists, noting that on average, one child in every six aged 5-17 can be classified as a child labourer. Moreover, the report warns that the extent of the worst forms of child labour, particularly hazardous work, appears to be more serious than previously thought.

Particularly insidious forms of child labour continue to proliferate, including forced and bonded labour, in which children are trafficked, sold outright or forced to work off debts incurred in impoverished families. These various forms of child labour are estimated to blight the lives of nearly six million children. Their ranks are sustained and swelled by the estimated 1.2 million children trafficked each year for work in plantations, domestic service, sweatshops and brickyards.

Prostitution and production of pornography are the fate of approximately 2 million children, while recruitment into armed conflict is believed to affect 300,000 children, and illicit activities such as drug production and trafficking involves another 600,000.

Copies of the report (A Future Without Child Labour ISBN 92-2-112416-9 £10.80 + 10% postage and packing) are available from ILO-London.

See full press release: <http://www.ilo.org/public/english/bureau/inf/pr/2002/19.htm>

For more information, please contact the ILO-London Press Office:  
Nick Evans [evansn@ilo-london.org.uk](mailto:evansn@ilo-london.org.uk)  
Tel: +44 (0)20 7828 6401 x203

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## News from Canada

### Issue 5 of "Health @ Work" (Santé @au travail)

Health @ Work is an informative (but "light") e-bulletin written by CCOHS staff which is sent approximately every 8 weeks. This e-bulletin contains information on workplace health promotion, the latest news from CHN, information from fellow associate partners, announcements, and tid-bits such as useful web site addresses, conference notices, and other interesting material.

In honour of springtime, our feature article focuses on active living and strategies that may be helpful for physical fitness programs in the workplace.

#### Table of Contents:

1. Highlights from your CCOHS-CHN team
2. **Feature Article: Jump into Spring with Fitness!**
  - 2.1 Resources for active living and physical fitness strategies in the workplace
3. Events / Conferences / etc.
4. Partnership News: Spotlight on Research at the University of Toronto, and the WCB of BC Young Worker strategy

## **2. Feature Article: Jump into Spring with Fitness!**

### **How much is enough?**

Did you know that it is easier than you think to be physically active? Health Canada's Guide to Physical Activity says all you need is anywhere from 30 minutes of vigorous to 60 minutes of moderate physical activity most days of the week to experience significant health benefits. This goal can be achieved throughout the day by accumulating 10-minute periods of activity. Physical activity should be a mixture of endurance, flexibility and strength activities. This mixture helps to strengthen the heart and lungs, keep joints flexible and mobile, and maintain strong bones.

### **Finding time to be active.**

Many times people feel they don't have time to 'add' activity into their day. The workplace can help. A workplace can encourage employees to take on various activities at all levels regardless of age and ability. For most people, they just need help to get started. A program such as a workplace fitness program can help. Balance needs to come from the individual wanting to start or continue with an activity program, and having encouragement from the workplace in order to meet these objectives. Whether you work in a small or large company, there are many areas and strategies that can increase participation in fitness and active living programs. Some strategies to consider are:

- \* Develop a physical fitness policy for the workplace.
- \* Ask staff what types of programs they are interested in.
- \* Have flexible working hours. Allowing people to arrive at work a little later, or leave a little earlier can help them add activity to their day.
- \* Job sharing, telecommuting, and on-site day care will also provide some flexibility to schedules.
- \* Allow individuals to take an extra half hour twice a week at lunch to walk, swim, attend fitness classes, etc.
- \* Encourage people to walk to a co-worker's office or workstation rather than using the telephone or e-mail.
- \* Start each workday or shift with a pre-shift stretch program.
- \* Provide bike racks (in a secure location).
- \* Offer on-site fitness facilities, or negotiate discounts to various health clubs in the area.
- \* Offer a wide range of company programs, whether it is a walk/bike group or an organised exercise activity (can be just 10 minutes long).
- \* Provide resources and education - newsletters, bulletins, community guides, health fairs, guest speakers, etc.
- \* Help staff to find a support group or buddy system to encourage each other.

### **How can a physical activity program help your workplace?**

Simply put, a workplace that supports physical activity provides and enhances quality of life for employees, both inside and outside of the workplace. By encouraging the employees to be active, there can be benefits for both the employee and the company:

- \* gains in productivity,
- \* decreases in absenteeism and turnover,
- \* creates more positive and happier employees and workplace culture,
- \* lowers medical costs and decrease chances of injuries,
- \* increases corporate image,
- \* relieves stress and increases relaxation,
- \* increases employee health/wellness.

It is important for organizations not only to analyse the cost of running a physical activity program in the short term, but also to see how it will benefit the organization in the long run.

Sometimes making small changes can support big results. The employees, management and committees can create ideas or initiatives for the workplace. After acknowledging these ideas, a detailed plan of action can be the next step. In this step, you can plan your activities that can be developed for your specific workplace setting. After a program is in place, it should be monitored, evaluated and maintained.

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If you would like to become a member of the Workplace Health - Santé au travail (WH-ST) Discussion list, please contact Sandra Clark at SandraC@ccohs.ca.

To view and search the past e-mails or e-bulletins on the Internet, please go to the WH-ST list serve archives at [www.ccohs.ca/wh-st.html](http://www.ccohs.ca/wh-st.html)

The WH-ST list is hosted by CCOHS [www.ccohs.ca](http://www.ccohs.ca)  
the CHN's Workplace Health Affiliate Partner.

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## News from Korea

### KOSHA Safety & Health Newsletter

The contents of the KOSHA Safety and Health Newsletter Spring 2002 are as follows:

#### **2002 MAIN PROJECTS**

· Ministry of Labor's Direction of 2002 Occupational Accident Prevention Policy

#### **OSH STATISTICS**

· 63,717 places to be centrally managed to prevent accidents

#### **Ministry of Labor announces' general measures against toxic hepatitis resulting from DMF**

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#### **UPDATE in KOSHA**

- Birth of 100th safe and clean workplace [CLEAN workplace]
- KOSHA to begin CLEAN 3D project campaign on TV starting in
- Σαφετησ μαναγεμεντ φορ τηε τοωερ χρανε ατ τηε χονστρυχτιον σιτε το βε στρενγτηνε δ σιγνιφιχαντλψ
- Πρεσεντατιον οφ ηυμαν ερρορ πρεπεντιον χασεσ

#### **NEW MATERIALS**

- Σηοωινγ οφ √Λιττλε Ανγλε Θιθι √ 3ρδ ρελεασε, σαφετησ-ρελατεδ χαρτοον φιλμ φορ χηιλδρε ν

**For further information**

Contact KOSHA Email :jinyoung@kosha.net

The Contents of KOSHA Safety & Health Newsletter Full Text can be found at

[www.kosha.or.kr/english/english.htm](http://www.kosha.or.kr/english/english.htm)

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## OSHE Web sites to surf.....

### May 2002

#### AUSTRALIA

**Northern Territory Government Department of Employment, Education and Training**

[www.nt.gov.au/dbird/dib/wha](http://www.nt.gov.au/dbird/dib/wha)

The Northern Territory Government Department of Employment, Education and Training covers Work Health and obligations, Workers' Compensation and Electrical Safety. Also includes courses available for employers, workers and the public.

#### GERMANY

**Berufsgenossenschaftliches Institute fur Arbeitssicherheit (BIA)**

[www.hvbg.de/D/BIA/PUB/REP/repe.htm](http://www.hvbg.de/D/BIA/PUB/REP/repe.htm)

Site contains the complete reports on up-to-date research topics are published in the form of so called "BIA reports" are the reports of the German institutions for statutory accident insurance and prevention (most of the reports in German only). They can be ordered free of charge via the BIA's publication database. Some reports are also available in English for downloading.

#### UK

**Graphical, Paper & Media Union (GPMU)**

[www.gpmu.org.uk](http://www.gpmu.org.uk)

The Graphical, Paper & Media Union is the world's largest media trade union, and has a membership of over 200,000 working in the print, publishing, paper, IT and media industries in both the UK and the Republic of Ireland. The printing ink manufacturers, the print employers and the GPMU - all leading organisations within the UK printing industry, with European manufacturers of acrylates, have jointly developed a radically new approach - the Acrylate Preference Criteria. The scheme is focused on protecting the health of workers in the print and printing ink industries. The UV curing of inks, varnishes or lacquers has lead to considerable health and safety problems. GPMU policy is that members should only be working with UV curing where there is a signed agreement which establishes the precautions the company will take to ensure safe working, and in particular to implement guidance on UV curing published by the Printing Industry Advisory Committee (PIAC). The GPMU Health and Safety section of their website contains a Draft Agreement, UV Curing Hazards and Precautions and the Exclusion List

**Oxford Journals Online**

[www.oupjournals.org](http://www.oupjournals.org)

Oxford Journals Online offer a variety of journals e.g. Annals of Occupational Hygiene, which is the journal of the British Occupational Hygiene Society, and the BOHS Web site <http://www.bohs.org/> includes provisional contents lists for forthcoming issues. Contents lists for earlier issues of the Annals and other journals can be accessed from Oxford Journals Online Web site.

**Printing Industry Advisory Committee (PIAC) Health and Safety Executive**

[www.hse.gov.uk/pubns/printidx.htm](http://www.hse.gov.uk/pubns/printidx.htm)

The Health and Safety Executive Hazards at Work - Printing site lists a number of publications of interest to both workers and management and include Monitoring for health and safety in print: a guide for management action.

**Working Time Questions and Answers**



[www.gpmu.org.uk/hs/worktimeqa.html](http://www.gpmu.org.uk/hs/worktimeqa.html)

The Graphical, Paper & Media Union (GPMU) have some useful advice on working time and give information on : What are the Working Time Regulations?; What do they cover?; How do the limits work?; Rests and Breaks? Night work; Do we get longer holidays and negotiating the details.

**Working Time Regulations 2002 UK** [www.legislation.hmso.gov.uk/si/si1998/19981833.htm](http://www.legislation.hmso.gov.uk/si/si1998/19981833.htm)

The UK Working Time (Amendment) Regulations 2001  
[www.legislation.hmso.gov.uk/si/si2001/20013256.htm](http://www.legislation.hmso.gov.uk/si/si2001/20013256.htm)

## USA

### **National Institute of Occupational Safety and Health NIOSH Indoor Air Quality Questionnaire**

[www.cdc.gov/niosh/ieqpage.html](http://www.cdc.gov/niosh/ieqpage.html)

National Institute of Occupational Safety and Health was requested to evaluate the environment of the workplace and any possible health concerns, and as a consequence formulated a questionnaire and have made it available here, which will be useful for anyone starting to carry out an assessment. This can be altered to suit any workplace.

### **National Institute of Occupational Safety and Health NIOSH Personal Protective Equipment Collection**

[www.cdc.gov/niosh/npptl/default.html](http://www.cdc.gov/niosh/npptl/default.html)

National Institute of Occupational Safety and Health National Personal Protective Technology Laboratory (NPPTL) focuses expertise personal protective technologies for workers. Covers: chemical protective clothing including latex allergy, skin exposure, evaluating performance, certified equipment list, respirators including cleaning, exposure to dusts and gases.

### **National Institute of Occupational Safety and Health NIOSH Stress At Work Collection**

[www.cdc.gov/niosh/stresshp.html](http://www.cdc.gov/niosh/stresshp.html)

National Institute of Occupational Safety and Health current activities in the area of work, stress and health, also access to resources to prevent stress working conditions. Includes publications and other work stress resources.

### **National Institute of Occupational Safety and Health NIOSH Young Worker Safety and Health Collection**

[www.cdc.gov/niosh/adolespg.html](http://www.cdc.gov/niosh/adolespg.html)

National Institute of Occupational Safety and Health Young Worker Safety and Health pages contains information for young workers, how young workers get hurt, programmes, reports and research. Includes other related web sites.

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# DIARY OF EVENTS

**Ideas Bank.....If you cannot get to these seminars, training courses and conferences ask the organisers for details. You may wish to offer a similar course in your country.**

## **5 June 2002 - Training Module 4 Storage and Handling**

### **Institute of Quality Assurance, London, UK**

Contact: Desmond Waight, Chemical Hazards Communication Society, PO Box 222, Lymington, Hampshire, UK Tel: +44 07000 790 337 Fax: +44 07000 790 338 E-mail: [CHCS@CHCS.org.uk](mailto:CHCS@CHCS.org.uk)  
[www.chcs.org.uk](http://www.chcs.org.uk)

## **18-21 June 2002 - The Guide Word Approach to HAZOP (Hazard & Operability Studies)**

Berners Hotel, 10 Berners Street, London, UK

Contact: The Bookings Department, Informa UK Ltd, Informa House, 30-32 Mortimer Street, London W1W 7RE, UK Tel: +44 (0) 1932 893851 Fax: +44 (0)1932 893893 |

E-mail: [cust.serv@informa.com](mailto:cust.serv@informa.com) [www.safetyevents.com](http://www.safetyevents.com)

**26-27 June 2002 - Alarm systems: Safe and Reliable Control Room Operations.**

Jury's Great Russell Street Hotel, London, UK

Contact: The Bookings Department, Informa UK Ltd, Informa House, 30-32 Mortimer Street, London W1W 7RE, UK Tel: +44 (0) 1932 893851 Fax: +44 (0)1932 893893

E-mail: [cust.serv@informa.com](mailto:cust.serv@informa.com) [www.safetyevents.com](http://www.safetyevents.com)

**27 June 2002 - Training Module 1 Introduction to Basic Safety Data Sheet (SDS) Writing**

Atlantic Suite, Manchester Airport, UK

Contact: Desmond Waight, Chemical Hazards Communication Society, PO Box 222, Lymington, Hampshire, UK Tel: +44 07000 790 337 Fax: +44 07000 790 338 E-mail: [CHCS@CHCS.org.uk](mailto:CHCS@CHCS.org.uk)

[www.chcs.org.uk](http://www.chcs.org.uk)

**1- 5 July 2002 - Radioactive Waste Management and Decommissioning  
Cambridge, UK**

Contact: The Bookings Department, Informa UK Ltd, Informa House, 30-32 Mortimer Street, London W1W 7RE, UK Tel: +44 (0)1932 893851 Fax: +44 (0) 1932 893893

E-mail: [cust.serv@informa.com](mailto:cust.serv@informa.com) [www.nuclearevents.com](http://www.nuclearevents.com)

**2 July 2002 - Dangerous Goods Test Station**

Pira International, Randall Road, Leatherhead, Surrey KT22 7RU, UK

Contact: Louise Armfield or Claire Ham, Pira International, UK | Tel: +44 (0) 1372 80

2000 | Fax: +44 (0) 1372 802243 |E-mail:[training-services@pira.co.uk](mailto:training-services@pira.co.uk) |Web: [www.piranet.com](http://www.piranet.com)

**11 July 2002 - Packaging for Dangerous Goods**

Pira International, Randall Road, Leatherhead, Surrey KT22 7RU, UK

Contact: Louise Armfield or Claire Ham, Pira International, UK Tel: +44 (0) 1372 80

2000 Fax: +44 (0) 1372 802243 E-mail: [training-services@pira.co.uk](mailto:training-services@pira.co.uk)

[www.piranet.com](http://www.piranet.com)

**1-6 September 2002 - The Future of Work - Prevention of Overload and Stress  
Sunborn Yacht Hotel, Nanntali, Finland**

Contact: Pirjo Turtiainen, NIVA, Nordic Institute for Advanced

Training In Occupational Health, Topeliuksenkatu 41 aA, FIN-00250 Helsinki Finland|

Tel: +358 9 4747 2349| Fax: +358 9 4747 2497 |E-mail: [pirjo.turtiainen@occuphealth.fi](mailto:pirjo.turtiainen@occuphealth.fi) |

Web: [www.niva.org](http://www.niva.org)

**16-19 September 2002 - Effective Safety Management  
Cambridge, UK**

Contact: The Bookings Department, Informa UK Ltd, Informa House, 30-32 Mortimer Street, London W1W 7RE, UK Tel: +44 1932 893851 Fax: +44 (0)1932 893893 E-mail: [cust.serv@informa.com](mailto:cust.serv@informa.com)

[www.safetyevents.com](http://www.safetyevents.com)

**27-29 September 2002 - Australasian Fire Authorities Council (AFAC) Conference 2002**

Gold Coast, Queensland, Australia

Contact: 2002 Australasian Fire Authorities Council (AFAC) Conference Organisers E-mail:

[afac2002@im.com.au](mailto:afac2002@im.com.au) [www.ausfire.com/afac\\_conference\\_2002.htm](http://www.ausfire.com/afac_conference_2002.htm)

**7-11 October 2002 - First International Course on Computer Work**

Gentofte Hotel, Gentofte, Copenhagen, Denmark

Contact: Gunilla Rasi, NIVA, Nordic Institute for Advanced

Training In Occupational Health, Topeliuksenkatu 41 aA, FIN-00250 Helsinki Finland|

Tel: +358 9 4747 2349 Fax: +358 9 4747 2497

E-mail: [gunilla.rasi@occuphealth.fi](mailto:gunilla.rasi@occuphealth.fi)

[www.niva.org](http://www.niva.org)

**8-11 October 2002 - The Guide Word Approach to HAZOP (Hazard & Operability Studies)**  
Berners Hotel, 10 Berners Street, London, UK  
Contact: The Bookings Department, Informa UK Ltd, Informa House, 30-32 Mortimer Street, London  
W1W 7RE, UK Tel: +44 1932 893851 Fax: +44 1932 893893 E-mail: [cust.serv@informa.com](mailto:cust.serv@informa.com)  
[www.safetyevents.com](http://www.safetyevents.com)

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